



policy makers on Capitol Hill or in State Capitols as the AHA advocates for robust local wellness policies, healthy foods and physical education and physical activity in schools at the national, state, and local level.

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<sup>4</sup> Foster GD, Sherman S, Borradaile KE, Grundy KM, Vander Veur SS, Nachmani J, Karpyn A, Kumanyika S, Shults J, A policy-based school ntervention to prevent overweight and obesity. *Pediatrics* 121:4(e794-802)2008 Apr

<sup>5</sup> Hoffman, J. A., Franko, D. L., Thompson, D. R., Power, T. J., & Stallings, V. A. (2009). *Longitudinal behavioral effects of a school-based fruit and vegetable promotion program*. *Journal of Pediatric Psychology*