

What are the common causes of VTE?

93 Vo JAsonL I{ JUAaTNo Va I^ccL •cy cor cSrNa

- "A\cn osnTNn{
- a•A``ArVca
- caT kNnVcLo cS nNornVJ ›

- AaJNn
- VAINrNo
- 1VJ]^N JN^^ LVON^ON
- kNNAncrslcrlArhJ Uvab votsS J V^ob N

%rUNn nVo] SAJrcno VaJ^sLN›

- PjorxVē E Aaxvld Nn^MknNxVcso 93 ksro {cs Ar nVo] Scn
- Family history ± <cs JAa VaUNnVr A rNaLNaJ{ Scn I^ccL



American
Heart
Association.

HOW CAN I LEARN MORE?

Call [1-800-242-8721](tel:18002428721)
or visit [www.heart.org](#) to learn more about
heart disease and stroke.

Sign up for our monthly *Heart Insight*
e-news for heart patients and their
families at [www.heart.org/heartinsight](#).

Connect with others sharing similar
journeys with heart disease and stroke
by joining our Support Network at [www.heart.org/supportnetwork](#).

Do you have
questions for your
doctor or nurse?

Take a few minutes to
write your own questions
for the next time you
see your health care
professional.

For example:

Am I at risk for VTE?

**What changes can I
make to prevent it?**