



- Ø [EmPowered to Serve](http://www.empoweredtoserve.org)  
(<http://www.empoweredtoserve.org>)  
EmPOWERED to Serve is a movement inspiring those who are passionate about driving change through health justice in their communities. It provides opportunities for everyone to improve their health and make a positive impact on the health of their communities.
  
- Ø [Get With The Guidelines](http://www.heart.org/HEARTORG/Professional/GetWithTheGuidelinesHFStroke/Get-With-The-Guidelines--HFStroke_UCM_001099_SubHomePage.jsp)  
([http://www.heart.org/HEARTORG/Professional/GetWithTheGuidelinesHFStroke/Get-With-The-Guidelines--HFStroke\\_UCM\\_001099\\_SubHomePage.jsp](http://www.heart.org/HEARTORG/Professional/GetWithTheGuidelinesHFStroke/Get-With-The-Guidelines--HFStroke_UCM_001099_SubHomePage.jsp))  
Get With The Guidelines programs are in-hospital programs for improving stroke, heart failure, resuscitation, AFib and coronary artery disease care by promoting consistent adherence to the latest evidence-based practices. The program provides hospitals with access to: web-based Patient Management Tool™ (powered by IQVIA), clinical decision support, robust registry, real-time benchmarking capabilities and other performance improvement methodologies toward the goal of enhancing patient outcomes and saving lives.
  
- Ø [Check. Change. Control. \(CCC\)](http://www.heart.org/HEARTORG/Conditions/More/ToolsForYourHeartHealth/Check-Change-iControli-Community-Partner-Resources_UCM_445512_Article.jsp#.WVQTmU0kvIU)  
([http://www.heart.org/HEARTORG/Conditions/More/ToolsForYourHeartHealth/Check-Change-iControli-Community-Partner-Resources\\_UCM\\_445512\\_Article.jsp#.WVQTmU0kvIU](http://www.heart.org/HEARTORG/Conditions/More/ToolsForYourHeartHealth/Check-Change-iControli-Community-Partner-Resources_UCM_445512_Article.jsp#.WVQTmU0kvIU))  
Check. Change. *Control.* is an evidence-based hypertension management program that utilizes blood pressure self-monitoring to empower patients/participants to take ownership of their cardiovascular health. The program incorporates the concepts of remote monitoring, mentoring, and tracking as key features to improve outcomes in hypertension management, physical activity, and weight reduction.
  
- Ø [Blood Pressure Guideline Toolkits for Clinicians & Pharmacists](http://www.heart.org/bptools) ([www.heart.org/bptools](http://www.heart.org/bptools))  
These toolkits provide education and resources, fostering effective communication with their patients about BP. In addition, tools are available for patients to understand their numbers, including the impact of medications and substances on BP control.
  
- Ø [Check. Change. Control. Cholesterol](https://www.heart.org/en/health-) (<https://www.heart.org/en/health->



- Ø AHA Healthy Workplace Food and Beverage Toolkit  
<https://www.heart.org/en/healthy-living/company-collaboration/healthy-workplace-food-and-beverage-toolkit>

A community version can be found at: <https://www.heart.org/en/healthy-living/company-collaboration/healthy-community-food-and-beverage-toolkit>

These toolkits were created to help community organizations and worksites improve their food environment and promote a culture of health. They provide practical action steps and suggestions to assist.

- Ø AHA's Healthy for Good Movement (

