



September 2017 – Million Hearts® Messaging

We are celebrating National Cholesterol Education Month this September by encouraging doctors, nurses and other health care professionals to make sure their patients know their cholesterol levels – and take steps to prevent or reduce high cholesterol.



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September's Focus

September is National Cholesterol Education Month, making it the perfect time for doctors, nurses and other health care professionals to encourage patients to know their cholesterol levels – and take steps to prevent or reduce high cholesterol. Make sure you spend time this month explaining to your patients how food, family history, and medicine can affect their total cholesterol.

Did you know?

High cholesterol is a major risk factor for heart disease, which is the leading cause of death in the United States.

People with high cholesterol are twice as likely to have heart disease than people with lower cholesterol levels.

73.5 million American adults (31.7

Commemorate

True or False? Thin people, ki

Sample Newsletter Article

National Cholesterol Education Month means lets education patients on their numbers

September is National Cholesterol Education Month and that makes it the perfect time for doctors,

American Heart Association

[Cholesterol 101: A basic introduction to cholesterol](#)